

# **Solemate: Master The Art Of Aloneness And Transform Your Life By Lauren Mackler**

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Lauren Mackler. Lauren Mackler is a renowned coach and teacher whose first book, Solemate: Master the Art of Aloneness & Transform Your Life, became an instant

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SOLEMATE: MASTER THE ART OF ALONENESS AND TRANSFORM YOUR LIFE ISBN Number: 9781401921446 Author: MACKLER L Publisher: HAY HOUSE/PSD PROMOTIONS Edition:

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11/29-12/1/13 Workshop with Lauren! Posted by Lauren - 10/17/13 at 08:10:49 am. SOLEMATE: Master the Art of Aloneness & Transform Your Life. Are you ready to gain

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Lauren Mackler is a world-renowned life, Master the Art of Aloneness & Transform Your Life" and co-author of Solemate: Master the Art of Aloneness

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Lauren Mackler is a pioneer in the field of personal and professional transformation, author of the the international best seller, Solemate, Solemate, and creator

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